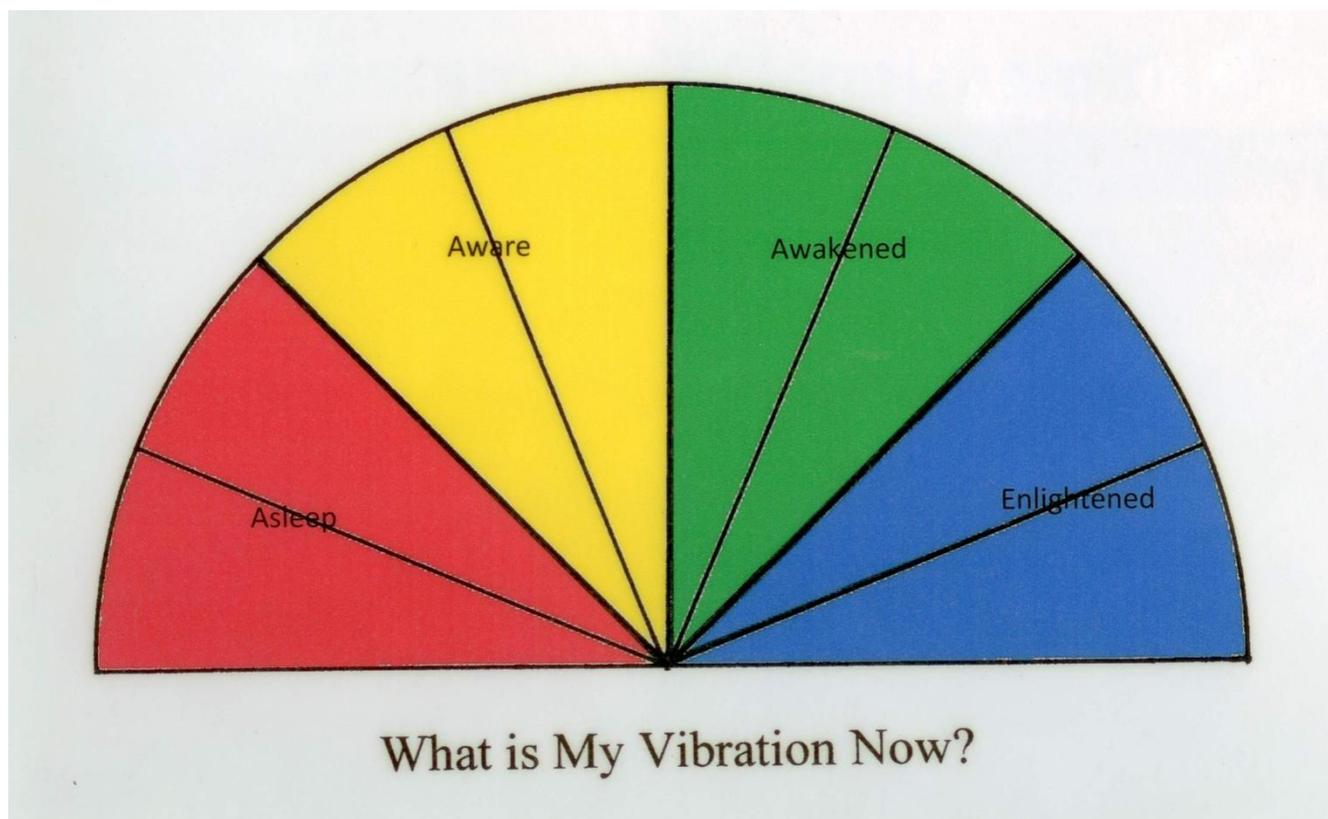

The Channeling Connection

Newsletter

March, 2020



Our Physicists are telling us that everything is composed of vibrating energy and that everyone and everything has a unique rate of vibration. We also know that as a vibration becomes faster, we get less dense, less physical and more spiritual. We can see this with H₂O. If we lower the vibration enough, we get ice. If we raise it enough, we get water and further, we get a vapour.

In last month's newsletter, we saw the Vibro-meter demonstrate the correlation between vibration, consciousness and spirituality – as one's vibration increased, so did the other two.

So, what is your vibration and how spiritual are you? I created the above chart as a companion to the Vibro-meter, where you can use a pendulum to approximate your level of vibration and discern your approximate level of spirituality. If you place a pendulum over the intersection of lines, at the baseline, you can let the pendulum find its direction. This may not be a perfect reading but it might be a pretty good one and, if you work the pendulum over time, you will likely see a trend develop, which I hope, for you, will be a rightward one.

Consciousness: is awareness of what is happening around us and of what's going on within us. The Vibro-meter, among other things, illustrates three ranges or dimensions of consciousness (3D, 4D and 5D) and, again shows that vibration correlates with consciousness and spirituality. The Beings who are being channeled have a higher level of consciousness than we do. What does that mean?

Consider the example of an apartment building. If we live on the main floor and look out of our window, we might see buildings across the street and a little way up

and down the street. If we happened to live on the tenth floor, we might see what is behind the buildings across the street, e.g. a park, a lake or a forest. As well, we could see considerably further up and down the street.

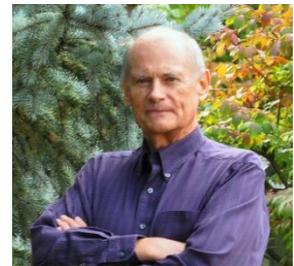
That's somewhat like our channeled friends: They are aware of things that we are not and they have a perspective on things that we don't. It doesn't make them better than us, they just have a broader perspective than we do, and the good news is that they are willing to share some of their perspective for our benefit.

Life in 4D:

This past January, in a recorded channeling session that **Kate Woodley** had with a group over Zoom, I asked the question: "What would life be like for Humans in 4D?"

Eir Ar, a Blue Avain, 8th dimensional Being, responded but, afterwards, I realized that his answer really didn't explain much about our physical bodies. Would we age differently? Would we get dis-eases? Etc.

Kate then channeled The Sirian Council and received over two pages of further material. As space is short here, I decided to read their



response on another sound track and splice the two recordings together. The result was one comprehensive video of the 4D picture that we are all aspiring to. Here it is:

<https://www.spreaker.com/user/peterhdennis/life-in-4d>



<https://www.spreaker.com/user/peterhdennis/tifanys-podcast-oct-15-2018>

You might have heard that there are civilizations living below the Earth's surface.

Tiffany Tin channels such a race. They call themselves The Sons of Saturn and, as they are 4D/5D Beings, they also have a perspective on what life could be like for Humans in 4D. If you click on the link under Tiffany's photo, you will hear our conversation.

In the previous two pages, the subjects were **vibration, consciousness and spirituality**. As you know by now, they are correlated, meaning that as one increases, so do the other two. You probably also know that there are a number of ways to either raise or lower one's vibration. Meditation is one of the best ways that I know for raising it and our Ego is one of the top contenders for lowering it.

Meditation: I'm not going to get into the details here but, if you click on the following link, you will come to six audio recordings that will tell you all you really need to know to get a workable handle on meditation. The recordings are free and are entitled:

1. What is meditation?
2. Why might you want to do it?
3. How to do it
4. Some frequently asked questions about it
5. A guided meditation (with instructions)
6. A guided meditation (without instructions)

Here's the link: <http://www.peterhdennis.com/Meditation.php>

As to **The Ego:** It is not who we are. We are spirit, inhabiting a physical body in order to have a human experience. This spirit or inner-self is what we are. The Ego is a false identity that we misconstrue for what we are. Its purpose is to keep our vibration within the 3D range so that we gain all of the 3D experiences and lessons that we have signed up for. In a sense, it is our friend as it is doing its job of helping us to keep our vibration within 3D. Once we wake up, realize who we really are and begin to ascend, we can then say goodbye to our Ego as we no longer need it and we can then identify with our inner-self. After that, it will be our higher-self.

Now, if we understand how the Ego seduces us into keeping our vibration low, we can rise above it. Here are the five major Ego Traps and I know which ones I have fallen into. You?

1. The need to understand,
2. The need to be right,
3. A focus on what is wrong instead of what is right,
4. A focus on the past and future and not the present and
5. A focus on what is outside of us versus what is inside of us.

Keda Edwards Pierre is a former Police officer and a practitioner of Holistic Health. She is also the founder of The True to Soul Network, where she conducts events and personal counseling that assist others to grow and develop spiritually.

Keda is also a Channeler and she channels Nayeala, who is a spiritual Being. Nayeala can manifest physically in certain realms and, in this one, works with Keda to assist Humans in this time of accelerated change.

To listen to the podcast that Keda and I did, click on the link under her picture.

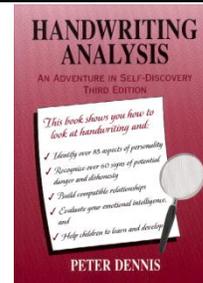


<https://www.spreaker.com/user/peterhdennis/kedas-podcast-june-6-2019>

The bottom line on this vibration/consciousness/spirituality idea is that we all have a built-in guidance system. It's called the emotions and all of our emotions fall into one of two categories: Those that make us feel good and those that make us feel bad. Simply, if we are thinking a thought or engaging in a behaviour that makes us feel good, we are uplifting ourselves. If what we are thinking or doing makes us feel bad, guess what's that doing for us. So, from here, you can figure it out yourself. What do you think these do to your Vibe: Gratitude, Generosity or Kindness? How about these: Hate, Resentment or Worry?

In pursuing spirituality, self-awareness is a key ingredient. This little book provides insights into one's thinking, emotions and over 85 personality traits.

It also sheds light on emotional intelligence, how to establish and maintain strong relationships, how parents and teachers can enhance a child's learning and development, and it points to over 60 signs in handwriting that identify potential danger and dishonesty.



This book is a twice-over Canadian best seller. For more details, its many reviews and how to purchase, click the link below.

http://www.peterhdennis.com/Book_-_Handwriting_Analysis.php

Channelers available for channeling events and private sessions:

- Karen Ashby KarenA@ascensioncalling.com <https://ascensioncalling.com>
 - Colleen Bradely pgsolutions@rogers.com
 - Keda Edwards Pierre info@true2soul.com <https://true2soul.com>
 - Karen (Kare) Heywood KarenH@ascensioncalling.com <https://ascensioncalling.com>
 - Gail Scott gail@bosieinternational.com <https://bosieinternational.com>
 - Tiffany Tin meditationwithtiffany@gmail.com <https://www.highpriestessascension.com>
 - Kate Woodley KateW@ascensioncalling.com <https://ascensioncalling.com>
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That's the March, 2020 issue. If you have comments or suggestions for future issues, please send me an email at: peter@peterhdennis.com.

Love and Light to all, Peter
www.peterhdennis.com

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